

FACTS

Injuries can happen in the time it takes for you to reach for something on the shelf. 66 children are treated in emergency departments for shopping cart-related injuries every day. Safe Kids Mid-South, led by Le Bonheur Children's Hospital, shares some shopping cart safety tips, endorsed by the American Academy of Pediatrics.



SHOPPING CART SAFETY TIPS

- Use a cart that has a child seat that is low to the ground, if available. Choose carts that are stable, not wobbly.
- Always use the cart's safety straps. Be sure the belt fits snugly around your child and that his legs are placed through the leg openings.
- Avoid placing infant carriers on top of shopping carts.
- Make sure your child remains seated.
- Keep children away from the wheels where little fingers can get pinched.
- It is very easy for older children to tip a cart over if they are trying to push it or if they are hanging on it.

ALTERNATIVES TO SHOPPING CARTS

- When possible, leave children at home with another adult or bring another adult to the store with you to watch children.
- Use a stroller or wagon instead of the shopping cart to transport your child.
- If the child is old enough, ask him to walk with you.
- If available, use the supervised in-store play area for children while you shop.
- Shop online if your store offers shopping on the Internet